

kingston

time & leisure

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100%
recycled

*vintage
chic*

**fabulous kingston
food guide**

festival of the voice

the eco edition

green living, recycle & re-use

Coombe • Kingston Hill • Teddington • Thames Ditton • Surbiton



recycle and ride

Recycles is run by trained mechanics who are passionate about bikes and recycling. If you have an old bike you no longer need they will re-cycle it using the parts to re-build and repair other bikes. They may offer to purchase your bike depending on the condition - bring ID. Other services include respraying, repairing and servicing from just £30. New bikes and skate boards are also available.

Recycles, 151 Brighton Road, Surbiton
020 8399 8365 www.recycledbikes.com

eco life

We are all looking for ways to make our businesses and our lives greener, so we asked some local experts for some hints, tips and ideas. Here they are!



perfect paper products

Papeterie are a new store in Kingston selling a wide variety of greetings cards and chic, French-made products. They include co-ordinated gift paper, bags and boxes, notebooks and student pads which are made from their supplier's own sustainable forests or from recycled paper. This supplier also donates 10% of their profits to UNICEF making Papeterie proud to be their major UK retailer.

Papeterie, Western Mall, Eden Walk Shopping Centre, Kingston
020 8547 7227 www.papeteriedirect.com

recycle and run

This month, the specialist running shop Lanson Running has launched their Recycle and Run scheme. The idea is to encourage runners to be more eco-friendly and recycle their old trainers in aid of charitable causes. In return, the store is offering a 10% discount when you buy a new pair. They are also still offering a free physio-endorsed fitting service for all customers buying shoes.

Lanson Running, 24 High Street, Hampton Wick, Kingston
020 8943 4054



decorate your environment

Paint The Town Green is London's first environmentally friendly decorating company. The high quality paint it uses has no toxic fumes or nasty paint smell - ideal for homes or the office - and is manufactured using hydro-electric power. The company has its own extensive

colour chart and its eco-ethos includes recycling materials, using green vans and sending out hand-painted postcards, rather than wasteful tester pots.

Paint the Town Green 020 7229 4176 info@paintthetowngreen.co.uk
www.paintthetowngreen.co.uk

quality shutters

A great way to update the interior of your home is to add Plantation Shutters to your windows.

Plantation Shutters of Putney supply a range of beautiful wooden loured shutters and, with prices starting at £150 per square metre, you can get the best engineered shutters on the market without breaking the bank!

Shutters also assist in insulating your home thus making it more energy efficient.

Plantation Shutters, 131 Putney Bridge Road, Putney
020 8871 9222 www.plantation-shutters.co.uk



donate a tree

The London Door Company is always looking for ways in which to improve their environmental performance, including using timber from sustainable sources, building longevity into their products and recycling wherever possible. As active supporters of Trees for Cities, an independent charity working with local communities on tree-planting and landscaping projects, they plant a tree for every front door they sell and fit.

The London Door Company, 155 St Johns Hill, Battersea
020 7801 0877

